



Now this Soul Essence was given the potential to evolve. But to improve, it had to unite with the body. For this reason, soul was given an affection for the body and threw itself upon the body. And being fine and very expansive, it sank and penetrated all parts of the body and forgot about itself. It came to think of itself as the body. In this way, we may come to see ourselves only as bodies and, losing awareness of the soul, disbelieve it.

